

AHPR 331
Health Education For
Elementary School
Spring 2009

Instructor: Dr. J. Lisk

Email: JL@usca.edu

Telephone: 641-3211

641-3483 (Secretary)

641-3698 (fax)

Meeting Time: MWF 10:00 – 10:50

Meeting Room: B & E 138

Office: B&E Bldg. 216

Office Hours: By appointment

I. Descriptive Information

- A. AHPR 331, Health Education For Elementary School
- B. “Methods and materials for elementary schools. Integration of materials with school subjects. Sample content of materials for primary, intermediate, and upper grades.”USCA Bulletin.
- C. The class is designed to present the area of elementary school health education to Early Childhood Education and Elementary Education majors in their professional program preparation for teacher certification in the state of South Carolina.

II. Course Goals and Objectives

- A. The general goal of AHPR 331 is to develop early childhood education and elementary education professionals who will be competent in a pk-8 grade level institutional environment. Presenting background of defining health education and presenting a present day appropriate health education curriculum which can easily be integrated into other academic content areas are course goals. Providing students with an understanding of the total school health program, consisting of health instruction, health services, and healthful school environment, is also a course goal.
- B. Instructional Objectives
 1. Identify the need for health education in the elementary school.
 2. Identify the role of the classroom teacher in the school health program.
 3. Identify methods of instruction in health education.
 4. Identify physical, social, emotional, and intellectual factors which influence health issues and health behaviors.
 5. Identify factors and consequences of lifestyle choices to enable one to reduce risk of reduced quality/quantity of life in the present and in the future.

6. Identify sources of materials and resources for use in the school health program.
7. Identify organizational and evaluational techniques of the school health program.
8. Present an integrated lesson dealing with health education and another academic content area.

III. Course Readings

Information from various sources will be included throughout the semester as it is deemed valuable to the student's experience.

IV. Instructional Procedures

Class methods will include instructor lecture, discussion, problem solving, cooperative learning, demonstration, values clarification, decision stories, shield activities, and various audio-visual methods. Students are encouraged to be multi-procedural in addressing modalities of learning.

V. Course Requirements

A. Administrative Requirements

1. **Attendance:** Each student is expected to attend each class session. Failure to attend regularly places unnecessary stress upon the student and makes academic success less likely to occur. Each student is expected, upon missing a class, to find out what discussions were missed, what assignments were missed, and what responsibilities were missed. Being absent does not remove responsibility. If you know of an intended absence in advance, please let the instructor know as soon as possible. Any student missing 25% of the class sessions will receive an "F." However, it is not suggested that one plan to miss 24% without incurring academic risk.
2. **Assignment due dates: Each effort should be submitted on time for full credit consideration.**
3. **Disability:** If you have a physical, psychological, and/or learning disability which might affect your performance in this class, please contact the Office of Disability Services, 126A B&E, (803) 641-3609, as soon as possible. The Disability Services Office will determine appropriate accommodations based on medical documentation.
4. Your instructor values good writing in this course. Please remember that the work that you produce in this class can be included in your rising junior writing portfolio. For further information on the portfolio requirement, consult your USCA Undergraduate and Graduate Bulletin or visit Dr. Lynn Rhodes,

Director of Writing Assessment, or Karl Fornes, Director of Writing Room.

5. Honor Code: The USCA **Code of Academic Responsibility** will be followed in this class. Students should write the following Honor Code on **ALL** work submitted for evaluation:

“On my honor as a student of the University of South Carolina Aiken, I pledge that I have neither given nor received any unauthorized aid on this assignment/examination. To the best of my knowledge, I am not in violation of academic honesty.”

_____ (Signature)

B. Required Activities

1. Quizzes: Each student is expected to demonstrate his/her knowledge on each written quiz. Quizzes may contain both objective and subjective components. Materials will come from notes, handouts, and reading assignments. Any excused absences from scheduled quizzes will be made up at the end of the session. Unexcused absences will result in a 0 recorded for the quiz. Please notify the instructor at the earliest possible time if a problem is foreseen or develops. The instructor will decide whether the reason is excused or unexcused.
2. Assignments: Each of the following assignments is required. Others may be added as appropriate.

3 daily lesson plans
shield activity
3 internet critiques
evaluate video
Healthy People 2010

decision story
stress energy profile
Vital Statistics/Halloween Party
health observances

3. Mini-Lesson: Each student is expected to present a health lesson. Topics will be selected during the first week of classes and will include all categories of a comprehensive health education program in a pk-5 educational environment. Instructor must approve each lesson, and periodic updates will be requested to ensure planning and appropriateness. Mini-lesson should be a 12- to 15-minute presentation.
4. Final Exam: Comprehensive final exam will be administered during the prescribed time frame as published in the schedule of classes.

VI. Evaluation and Grading Scale

The final average will be calculated using the following formula:

	<u>Tentative dates</u>
Assignments-----	15%
Quizzes-----	60%-----9 Feb, 6 Mar, 17 Apr
Mini-Lesson-----	15%.-----30 Mar
Final Exam-----	10%

Final grade will be calculated using the following formula:

A-----	90-100
B+-----	87-89
B-----	80-86
C+-----	77-79
C-----	70-76
D+-----	67-69
D-----	60-66
F-----	0-59

VII. Bibliography

Text, internet, and selected journals.

VIII. Course Schedule

Announced in class as class progresses and dependent upon students' characteristics.