

USCA DEPARTMENT OF EXERCISE AND SPORTS SCIENCE ADVISEMENT SHEET

ADVISOR: _____

Student: _____ SSN: _____

Phone: _____ Applicable Bulletin: _____

Area of Concentration: _____ Transferred From: _____

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I. GENERAL EDUCATION REQUIREMENTS

COURSE	NUMBER	DESCRIPTION	HRS	SEM	GRADE
Group I: Skills & Competencies (21 hours)					
AEGL	101	Composition	3	_____	_____
AEGL	102	Composition & Literature	3	_____	_____
AMTH*	_____	_____	3	_____	_____
AMTH*	_____	_____	3	_____	_____
_____	_____	Statistics	3	_____	_____
ACOM	201 or 241	Communications	3	_____	_____
ACSC	_____	Computer Science	3	_____	_____
AMTH 104/108		Junior Portfolio Advisement		Approval Date	_____

*AMTH 111 or higher except 118, 119, 221 & 222

Group II: Methods & History of Disciplines (29 hours)

ABIO	_____	Biology 121** or 122**	4	_____	_____
ACHM	_____	Chemistry 101 or 111**	4	_____	_____

**Required in Basic Sciences Concentration

Social/Behavioral Sciences – APSY 101 and an additional 3 hours in one other area (Anthropology, Economics, Geography, Political Science, or Sociology)

APSY	101	Introductory Psychology	3	_____	_____
_____	_____	_____	3	_____	_____

Humanities** (9 hours in at least 2 areas) (History, Literature, Fine Arts History, Religion, AHUM, Foreign Language 200+, Philosophy (not Logic), & Communications (last 2 digits in 50's or 60's)

_____	_____	_____	3	_____	_____
_____	_____	_____	3	_____	_____
_____	_____	_____	3	_____	_____

AHST	101 or 102	History of Civilization	3	_____	_____
APLS 201, AHST 201 or 202		American Political Inst.	3	_____	_____

Hours Required = 50*

****Humanities:** AARH 105,106, 206, 250, 251,312,335,397,398; ACOM 351, 353, 450, 462; AEGL 280-285, 288-291, 389-391, 393, 394, 401, 407-409, 411, 412, 415-417, 419, 423-428, 430, 431, 434, 435, 449, 474, 483, 484, 491, 494; AFOR 395; AFRE 201, 202, 388, 398, 399; AGER 201, 202, 395, 397-399; AITL 201, 395, 398; ALAT 395, 399; ASPA 209, 210, 216, 217, 301, 302, 304, 305, 309, 310, 325, 388, 397, 399, 426, 427, 488, 498; AHST (all courses but a course can only meet one requirement); AHUM 107, 201, 202, 301; APHL 102, 108, 211, 302-304, 311, 399; AREL 101, 103, 301, 302, 390, 399, ATHE 161, 361, 362.

*****at least 3 credit hours must be in Non-Western World Studies:** AARH 251 397; AANP 102, 315, 352, 490; ACOM 450; AEGL 291, 435; AFRE 388; ASPA 302, 305, 325, 388, 397, 426, 427, 488; AGRY 102, 427; AHST 361, 362, 366, 423, 492; AMUS 175; APLS 101, 103, 330, 487, 488, 492; AREL 103; ASCY 310, 315

II. EXERCISE & SPORTS SCIENCE CORE REQUIREMENTS

COURSE	NUMBER	DESCRIPTION	HRS	SEM	GRADE
ABIO	232	Anatomy	4	_____	_____
AEXS	_____	Activity Course (101, 102, 106, 107, 120, 121, 123, 124, 140, 141, 142, or 143)	1	_____	_____
AEXS	198	Foundations in Ex. & Sports Science	2	_____	_____
AEXS	203	CPR & First Aid	1	_____	_____
AEXS	223+	Human Physiology	4	_____	_____
AEXS	225	Fund. Concepts of Athl. Training	3	_____	_____
AEXS	239	Fit. Assess. & Ex. Leadership	3	_____	_____
AEXS	311	Sports Nutrition	3	_____	_____
AEXS	321	Anat. & Biom. Kinesiology	3	_____	_____
AEXS	323	Exercise Physiology	3	_____	_____
AEXS	323L	Exercise Physiology Lab	1	_____	_____
AEXS	328	Electrocardiography	3	_____	_____
AEXS	337	Health & Behavior Change	3	_____	_____
AEXS	423	Exercise Testing	3	_____	_____
AEXS	423L	Exercise Testing Lab	1	_____	_____
AEXS	424	Exercise Prescription	3	_____	_____

+ABIO 242 is also accepted

Hours required = 41

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III. EXERCISE AND SPORTS SCIENCE CONCENTRATION REQUIREMENTS (One area of concentration required)

Fitness Management Concentration:

ABUS	225	Fund. of Accounting I	3	_____	_____
ABUS	226	Fund. of Accounting II	3	_____	_____
ABUS	350	Marketing	3	_____	_____
ABUS	371	Principles of Management	3	_____	_____
AECO	221	Macroeconomics	3	_____	_____
AECO	222	Microeconomics	3	_____	_____
Select two (6 credit hours) from the following AMGT courses:			3	_____	_____
AMGT	374, 376, 378, 401, 442, 473, 477, 559.		3	_____	_____
AEXS	301	Org & Adm of Fitness Programs	3	_____	_____
AEXS	439	Internship in Fitness Mgmt	6	_____	_____
_____	_____	General Elective: _____	3	_____	_____

Issues: _____

Hours required = 36

Total hours required = 127

COURSE	NUMBER	DESCRIPTION	HRS	SEM	GRADE
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Basic Sciences Concentration:

ABIO	122	Biological Sciences II	4	_____	_____
ACHM	112	General Chemistry II	4	_____	_____
APHY	201	General Physics I	4	_____	_____
		Science Electives	10-12*		

Select 1 course from: ABIO 302, 250, 330, 360; ACHM 331 & 331L; AMTH 122, 141; or PHY 202

_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

*ACHM 105 and AMTH below 111 do not meet this requirement, or any other courses that are below the level accepted for the Exercise and Sports Science General Education requirements. Appropriate courses should have an acronym from the following: ABIO, ACHM, APHY, AMTH, APSY. AEXS 499 may also be used.

AEXS	458	EXS Research Methods	3	_____	_____
AEXS	459 or 499	EXS Research	3	_____	_____
AEDP 330 or APSY 310		_____	3	_____	_____
_____	_____	General Elective: _____	3	_____	_____

Issues: _____

Hours required = 34-36

Total hours required = 125-127