

# DEPARTMENT OF EXERCISE AND SPORTS SCIENCE MAJOR MAP

Courses in blue boxes are strongly recommended during the semester listed

Courses in green boxes may be easily substituted for one another across years/semesters

Courses in yellow boxes indicate ideal years/semesters, but some variations can be made

## YEAR 1

## EXERCISE AND SPORTS SCIENCE MAJOR COURSE TIMELINE

Fall (16 hours)	<b>ENGL 101</b>	<b>EXSC 198</b>	<b>MATH 104 or 108 or 111</b>	<b>BIOL 121 or 122</b>	<b>AFCI 101</b>	<b>General Education (3)</b>
Spring (17 hours)	<b>ENGL 102</b>	<b>MATH 108 or 111</b>	<b>CHEM 101 or 111</b>	<b>EXSC 225</b>	<b>EXSC 101 or 106 or 140</b>	<b>PSYC 101</b>

## YEAR 2

Fall (15 hours)	<b>BIOL 243</b>	<b>EXSC 239</b>	<b>MATH 111</b>	<b>SECOND LANGUAGE</b>	<b>EXSC 203</b>
Spring (17 hours)	<b>BIOL 244</b>	<b>EXSC 337</b>	<b>COMM 201 or 241</b>	<b>SECOND LANGUAGE</b>	<b>STAT 201 or PHYS 201</b>

## YEAR 3

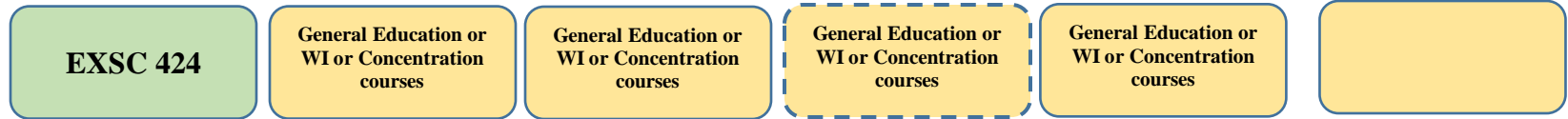
Fall (16 hours)	<b>EXSC 311</b>	<b>EXSC 321</b>	<b>EXSC 323 and EXSC 323L</b>	<b>EXSC 328</b>	<b>General Education or WI or Concentration courses</b>
Spring (15-17 hours)	<b>General Education or WI or Concentration courses</b>	<b>General Education or WI or Concentration courses</b>	<b>General Education or WI or Concentration courses</b>	<b>General Education or WI or Concentration courses</b>	<b>General Education or WI or Concentration courses</b>

## YEAR 4

Fall	<b>EXSC 423 and 423L</b>	<b>General Education or WI or Concentration courses</b>	<b>General Education or WI or Concentration courses</b>	<b>General Education or WI or Concentration courses</b>	<b>General Education or WI or Concentration courses</b>
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(16-17 hours)

Spring  
(15-17 hours)



## EXERCISE AND SPORTS SCIENCE MAJOR TIMELINE (Research Focus)

### YEAR 1

Get acquainted with the research of EXSC faculty members. Read their recent publications. Determine the type of research in which you are interested.

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### YEAR 2

Enroll in STAT A201. Speak with EXSC faculty members about joining one of their research groups.

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### YEAR 3

In conjunction with an EXSC faculty member, plan a research project for your senior year. Academically strong students should speak with an EXSC faculty member about applying for a Magellan Award or other research funding opportunities. Students considering graduate school should investigate programs consistent with their research and career goals, should seek advice from an EXSC faculty member, and should prepare for the GRE.

### YEAR 4

Enroll in EXSC A458W, and EXSC A459W or EXSC A499. Conduct an independent research project based on your accumulated knowledge and skills. Formulate a hypothesis, and design a study to test it scientifically. Draft a study protocol to submit to the IRB, collect/analyze data, and collaborate with your mentor to create a product suitable for presentation at the USC Aiken Scholar's Showcase and/or at a professional conference.