

## **Exercise and Sports Science**University of South Carolina Aiken

	Firs	t Year		
1st Semester (16 hrs)		2nd Semester (15 hrs)		
Title	hrs	Course	Title	hrs
Composition	3	ENGL A102*	Composition and Literature	3
Precalculus I or Survey of Calculus with Applications	3	EXSC A203	CPR and First Aid	1
Intro to Exercise & Sports Sci	3	EXSC A225	Introduction to Athletic Training	3
Anatomy & Physiology I w/ Lab	4	CHEM A101	Introduction to Chemistry	4
Introduction to Psychology	3	BIOL A244	Anatomy & Physiology II w/ Lab	4
1st Semester (16 hrs)		2nd Semester (14 hrs)		
Title	hrs	Course	Title	hrs
Fitness Assessment	3	EXSC A201	Medical Terminology	3
Elementary Statistics	3	EXSC A1XX	Activity Course	1
COMM A201, COMM A241	3	GEN ED	Humanities	3
Humanities	3	GEN ED	POLI A201, HIST A201/A202	3
General Physics I	4	PHYS A202	General Physics II	4
7.4				
	Thir	d Year		
1st Semester (16 hrs)		2nd Semester (17 hrs)		
Title	hrs	Course	Title	hrs
Nutritional Aspects	3	EXSC A323/A323L	Exercise Physiology	4
Health and Behavior Change	3	EXSC A321	Anatomical & Biomechanical	3
Electrocardiography	3	CHEMA112	General Chemistry II	4
HIST A101, HIST A102	3	ELEC	Elective	3
Biological Sciences !	4	ELEC	Elective	3
	our	th Year		
t Semester (16 hrs)		2n	d Semester (15 hrs)	
Title	hrs	Course	Title	hrs
Exercise Testing	4	EXSC A424	Exercise Prescription	3
Topics in Allied Health	3	EXSC A441	Internship	3
Elective	3	ELEC	Elective	3
Elective	3	ELEC	Elective	3
Elective	3	ELEC	Elective	3
	Title Composition Precalculus I or Survey of Calculus with Applications Intro to Exercise & Sports Sci Anatomy & Physiology I w/ Lab Introduction to Psychology  ESemester (16 hrs)  Title Fitness Assessment Elementary Statistics COMM A201, COMM A241 Humanities General Physics I  ESemester (16 hrs)  Title Nutritional Aspects Health and Behavior Change Electrocardiography HIST A101, HIST A102 Biological Sciences I  ESemester (16 hrs)  Title Exercise Testing Topics in Allied Health Elective Elective	Title hrs Composition 3 Precalculus I or Survey of Calculus with Applications 3 Intro to Exercise & Sports Sci 3 Anatomy & Physiology I w/ Lab 4 Introduction to Psychology 3  Title hrs Fitness Assessment 3 Elementary Statistics 3 COMM A201, COMM A241 3 Humanities 3 General Physics I 4  Thire Semester (16 hrs)  Title hrs Nutritional Aspects 3 Health and Behavior Change 3 Electrocardiography 3 HIST A101, HIST A102 3 Biological Sciences I 4  Four Semester (16 hrs)  Title hrs Exercise Testing 4 Topics in Allied Health 3 Elective 3 Elective 3 Elective 3 Elective 3	Title hrs Course Composition 3 ENGL A102* Precalculus I or Survey of Calculus with Applications Intro to Exercise & Sports Sci 3 EXSC A225 Anatomy & Physiology I w/ Lab 4 CHEM A101 Introduction to Psychology 3 BIOL A244   **Semester**(16 hrs)**  Title hrs Course Fitness Assessment 3 EXSC A201 Elementary Statistics 3 EXSC A1XX COMM A201, COMM A241 3 GEN ED Humanities 3 GEN ED General Physics I 4 PHYS A202  **Third Year**  **Semester**(16 hrs)**  Title hrs Course Nutritional Aspects 3 EXSC A321/A323L Health and Behavior Change 3 EXSC A321 Electrocardiography 3 CHEMA112 HIST A101, HIST A102 3 ELEC Biological Sciences I 4 ELEC  **Fourth Year**  **Semester**(16 hrs)**  Title hrs Course Exercise Testing 4 EXSC A424 Topics in Allied Health 3 EXSC A441 Elective 3 ELEC Elective 3 ELEC Elective 3 ELEC	Title hrs Course Title  Composition 3 ENGL A102* Composition and Literature  Precalculus vir Applications 3 EXSC A203 CPR and First Aid Intro to Exercise & Sports Sci 3 EXSC A225 Introduction to Athletic Training Anatomy & Physiology I w/ Lab 4 CHEM A101 Introduction to Chemistry Introduction to Psychology 3 BIOL A244 Anatomy & Physiology II w/ Lab  ESemester (16 hrs)  Title hrs Course Title  Fitness Assessment 3 EXSC A201 Medical Terminology Elementary Statistics 3 EXSC A201 Medical Terminology Elementary Statistics 3 EXSC A201 Medical Terminology Elementary Statistics 3 EXSC A201 Humanities Humanities 3 GEN ED Humanities Humanities 3 GEN ED POLI A201, HIST A201/A202 General Physics I 4 PHYS A202 General Physics II  Third Year  E Semester (16 hrs)  Title hrs Course Title  Nutritional Aspects 3 EXSC A323/A3231 Exercise Physiology Health and Behavior Change 3 EXSC A321 Anatomical & Biomechanical Electrocardiography 3 CHEMA112 General Chemistry II HIST A101, HIST A102 3 ELEC Elective  Fourth Year  E Semester (16 hrs)  Title hrs Course Title Elective A EXSC A424 Exercise Prescription Topics in Allied Health 3 EXSC A441 Internship Elective 3 ELEC Elective Elective Elective Elective Elective Elective Elective

<sup>\*</sup>These are recommended courses. Consult PTCAS or specific programs to learn respective required courses.